

"What you desire to receive is the very thing you should give away." ~ pg. 111

"Make a Joyful Noise" is an intriguing book that will be appreciated by seekers looking for ways to live a more spiritual life. Chariss K. Walker has studied sacred texts for over thirty years and she presents biblical references to back up all her wonderful insights. She believes that we are divine beings of light having an earthly experience.

On this earth journey there is much to learn and many spiritual laws to take into consideration. Chariss K. Walker presents laws that deal with oneness, vibration, attraction, polarity, action, rhythm, cause and effect, asking and receiving, increase, compensation, transmutation, relativity, reciprocation and forgiveness.

The last third of the book is even more interesting with topics as diverse as dream interpretation and auras. After reading how to see my aura's color I was able to see a light green aura around my fingertips. This section of the book also explores prayer, meditation, praise, thanksgiving, visualizations, miracles and angels.

What I liked most about this book is the way it is written. While reading it is as if you are having a conversation with a trusted friend or advisor. In each chapter you may also discover something about yourself. What are your motivations when you make a request in prayer? I had never thought about the motivation behind the request but now that I understand how to pray more effectively I will definitely use the new information to see my prayers answered in new ways. There is also a great discussion about how your spoken words and thoughts can powerfully affect your life for the better. Your thoughts literally become your reality. This book will not only put you on a more spiritual path, it will help you realize your dreams.

"Make a Joyful Noise" is also filled with inspirational quotes and affirmations. The affirmations are especially helpful to encourage positive results in your life. I wrote out nine of the affirmation that I thought would help me in my life and I intend to read them often. Here is one example: "I now attract whatever is good, lovely, and peaceful in my life."

I have rarely enjoyed a book so much, this book is truly a comfort to the soul. The only disagreement I have with the author is about the existence of hell. She has chosen to ignore those verses in the bible while relying on many other verses to prove her points.

~The Rebecca Review